

# Webinar

June 10 2023 | 8:30 AM-12:30 PM



San Diego County  
Breastfeeding Coalition

## MILK PRODUCTION DETECTIVE & HERBAL GALACTAGOGUES

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MS, IBCLC, RLC

[READ SPEAKER BIOS](#)

4 L-CERPs  
4 Contact Hours

This Seminar Is Also Available  
In-Person



# WEBINAR PROGRAM DETAILS

## AGENDA

- 8:30 AM-10:30 AM: Milk Production Detective Work: Assessment and Care Plan Considerations
- 10:30 AM-10:40 AM: Break
- 10:40 AM-12:40 PM: Beyond Fenugreek: An Individualized Approach to Herbal Galactagogues (2 Hours)

## REGISTRATION

### Early Bird Registration (until 06/02/23):

SDCBC Members: \$75

Non-Members: \$90

### General Registration (starts 06/03/23):

SDCBC Members: \$100

Non-Members: \$115

### Link To Share:

[bit.ly/herbsandlactationwebinar](https://bit.ly/herbsandlactationwebinar)

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## OBJECTIVES

1. Identify at least 3 reasons milk supply may be compromised
2. Describe at least 3 diagnostic tools and assessment techniques for identifying low milk supply etiology
3. Explain at least 3 ways to evaluate if care plan strategies are working for the supply optimization and the parent
4. Locate resources on galactagogues and herbal safety
5. Understand a personalized approach to selecting appropriate galactagogues
6. Understand the different ways that galactagogues support lactation
7. Understand why foods and herbs may be needed to support optimal lactation







# POLICIES & CONTINUING EDUCATION

## CONTINUING EDUCATION

**IBCLC:** San Diego County Breastfeeding Coalition has been accepted by International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE®'s endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.”

San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 4 L-CERPs will be awarded.

**RN:** San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 4 contact hours of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

**RD & OT:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

## CAN'T ATTEND THE LIVE EVENT?

**Register today** & receive a link to the recording within 2 weeks from the live event.

## REFUND POLICY

A link to the recording of the webinar will be sent to all registrants within 2 weeks of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.

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