



**San Diego County
Breastfeeding Coalition**

RECORDED WEBINAR

THE MOTHERHOOD TRANSITION: ADDRESSING THE SHIFT & ITS IMPACT ON FAMILY WELLNESS

**Nakeya T. Fields, LCSW , PPSE, Registered Play Therapist-
Supervisor, Trauma Informed Yoga Therapist**

Recorded On: October 23, 2021

1 CEU Contact Hour

1 R-CERP: Psychology, Sociology, and Anthropology

CONTACT US

San Diego County Breastfeeding Coalition

Email: Jose.gonzalez@breastfeeding.org

2907 Shelter Island Dr., Ste. 105-476

San Diego, CA 92106

Phone: 1-(800)-371-6455



DESCRIPTION

The San Diego County Breastfeeding Coalition invites you to view our recorded webinar exploring diverse perspectives of how transitioning into motherhood may impact families.

We are so grateful to have best selling author, mental health expert, and community advocate Nakeya T. Fields, LCSW, PPSE, Registered Play Therapist - Supervisor, Trauma Informed Yoga Therapist for sharing her insights and expertise on perinatal mental health disorders including how to identify symptoms and create strategies to plan for health, resilience, and coping. During this webinar, Nakeya speaks on the importance of inspiring empathetic collaboration and village building in peers and colleagues to address systemic challenges that impact breastfeeding rates and inequitable birth outcomes

This is a great webinar for health professionals who serve birthing women and seek to learn strategies to ease the transition into motherhood.

REFUND POLICY

After completing your purchase you will receive access to the webinar recording and all of the accompanying materials. No refund will be provided. Thank you for understanding.

For questions, please contact: Jose Gonzalez at: jose.Gonzalez@breastfeeding.org

CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 R-CERP will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

MD/DO Category 1 AMA CME is not available currently.