



**"LAS DOS COSAS" VS. EXCLUSIVE  
BREASTFEEDING: IMPLEMENTING A  
CULTURALLY AND LINGUISTIC  
INTERVENTION IN LATINX MOTHERS**

**Recorded  
Webinar**

**Dr. Ana Maria Linares, DNS, RN, IBCLC**

**Recorded On  
September 25, 2021**

# RECORDED WEBINAR PROGRAM DETAILS

**1 CEU CONTACT HOUR**

**1 L-CERP: Psychology, Sociology, and Anthropology**

## DESCRIPTION

The San Diego County Breastfeeding Coalition invites you view this amazing recorded webinar exploring culturally and linguistically relevant breastfeeding interventions among Latinx Families.

We are so grateful to have award-winning advocate and scholar Dr. Ana Maria Linares, DNS, RN, IBCLC to share her insights and expertise on breastfeeding customs among Latinx communities. During this webinar, Dr. Linares will share cultural differences in Latinx breastfeeding customs depending on country of origin and/or acculturation status. Additionally, she will discuss various practical strategies to overcome unnecessary supplementation in some Latinx cultures.

This is a great webinar for health professionals who serve Latinx communities and want to learn strategies to improve their communication and program effectiveness.

## REGISTRATION

- **General Registration:**
  - SDCBC Members: \$17.50
  - Non-Members: \$25.00

## LINK TO SHARE

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## OBJECTIVES

- To describe customs and other beliefs as they relate to breastfeeding in some Latinx cultures
- To understand differences among Latinx depending in country of origin and acculturation status
- To discuss some strategies to overcome unnecessary supplementation in some Latinx cultures

# POLICIES & CONTINUING EDUCATION



**San Diego County  
Breastfeeding Coalition**

## CONTINUING EDUCATION

**IBCLC:** San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 L-CERPs will be awarded.

**RN:** San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

**RD & OT:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

**MD/DO:** Category 1 AMA CME is not available currently.

## REFUND POLICY

After completing your purchase you will receive access to the webinar recording and all of the accompanying materials. For this reason, under no circumstances will a refund be provided. Thank you for understanding.

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