

In-Person Seminar

June 10, 2023 | 8:30 AM-12:30 PM

Lemon Grove Community Center
3146 School Ln, Lemon Grove, CA 91945



San Diego County
Breastfeeding Coalition


MILK PRODUCTION DETECTIVE & HERBAL GALACTAGOGUES

MELISSA COLE,
MS, IBCLC, RLC

[READ SPEAKER BIOS](#)

4 L-CERPs
4 Contact Hours

This Seminar Is Also
Available In Webinar Format



LIVE SEMINAR PROGRAM DETAILS

AGENDA

- 8:30 AM-10:30 AM: Milk Production Detective Work: Assessment and Care Plan Considerations
- 10:30 AM-10:40 AM: Break
- 10:40 AM-12:40 PM: Beyond Fenugreek: An Individualized Approach to Herbal Galactagogues
- 12:40 PM: End Of Seminar
- 12:40 PM-2:15 PM: Networking (Optional)

REGISTRATION

Early Bird Registration (until 06/02/23):

SDCBC Members: \$75

Non-Members: \$90

General Registration (starts 06/03/23):

SDCBC Members: \$100

Non-Members: \$115

Link To Share: bit.ly/herbsandlactation

OBJECTIVES

1. Identify at least 3 reasons milk supply may be compromised
2. Describe at least 3 diagnostic tools and assessment techniques for identifying low milk supply etiology
3. Explain at least 3 ways to evaluate if care plan strategies are working for the supply optimization and the parent
4. Locate resources on galactagogues and herbal safety
5. Understand a personalized approach to selecting appropriate galactagogues
6. Understand the different ways that galactagogues support lactation
7. Understand why foods and herbs may be needed to support optimal lactation



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POLICIES & CONTINUING EDUCATION

CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition has been accepted by International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE®'s endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.”

San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 4 L-CERPs will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 4 contact hours of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.



CONTACT INFORMATION

Email: info@breastfeeding.org
Phone: 1-800-371-6455

CAN'T ATTEND THE LIVE EVENT?

This Seminar Is Also Available In Webinar Format. [Register today](#) & receive a link to the recording within 2 weeks from the live event.

REFUND POLICY

Credit towards a future event of equal value will be granted up to 1 week before the live event. Please email us at info@breastfeeding.org if you have registered but will not be able to attend.

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