



**San Diego County
Breastfeeding Coalition**



Recorded Webinar

MARIJUANA & CBD DURING LACTATION: THC FOR TWO?

Marie Zahorick, MS, APRN, FNP-C, IBCLC

Recorded On: January 20, 2022

1 CEU Contact Hour

1 L-CERP-Pharmacology & Toxicology

**This Webinar Recording Is
Available For Purchase Until
January 20, 2023.**

DESCRIPTION

Marijuana is now legal for recreational use in 18 states and legal for medicinal use in 36 states. CBD oil, a hemp derivative, is legalized in 50 states. Due to the popularity of these substances, lactating mothers often assume legality equals safety.

This presentation discusses the psychoactive potential of both these substances, their similarities, and their differences. It also discusses the large gap in knowledge and lack of research on both. Finally, it discusses educational, harm-reduction approaches the IBCLC can take with mothers to give information while maintaining a trusted partnership.

REGISTRATION

Register at: lecturepanda.com/a/THClactationSDCBC

SDCBC Member Registration: \$25



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Until January 20, 2023.**



CONTACT US

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FEATURED SPEAKER: MARIE ZAHORICK, MS, APRN, FNP-C, IBCLC

Marie Zahorick, MS, APRN, FNP-C, IBCLC became a La Leche League Leader in 1999 and an IBCLC in 2005. After several years of working as a hospital-based bilingual IBCLC, she attended nursing school and eventually became a board-certified Family Nurse Practitioner. In the meantime, she continued working as a hospital-based lactation consultant doing inpatient, outpatient, and Level III NICU lactation support at a variety of hospitals and with a wide variety of patient populations. After graduate school, Marie was recruited to work as a nurse practitioner in psychiatry. She was fellowship-trained to manage patients in the acute inpatient setting, partial hospitalization, outpatient office, and OB patients in the general hospital setting. She specializes in women's psychiatry, especially medical management of women who are pregnant or lactating.



Her expertise includes psychopharmacology in pregnant and lactating women as well as general psychopharmacology. She is experienced at diagnosing and treating mental illnesses such as bipolar disorder, perinatal/postpartum mood, and anxiety disorders, postpartum psychosis, obsessive-compulsive disorder, premenstrual and perimenopausal mood disorders, and personality disorders.

REFUND POLICY

A link to the recording of the webinar will be sent to all registrants within 1 week of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.

CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 L-CERP will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

MD/DO Category 1 AMA CME is not available currently.