



San Diego County
Breastfeeding Coalition

RECORDED WEBINAR

BLACK JOY AND BREASTFEEDING: HOW BLACK JOY CAN HELP OVERCOME BARRIERS TO BREASTFEEDING AMONG AFRICAN-AMERICANS

MARY LANKFORD, RN, PHN, CLE,

Public Health Nurse for the San Diego County Black Infant Health (BIH) Program

Recorded On August 25, 2021

1 CEU Contact Hour
1 L-CERP:Psychology,
Sociology, & Anthropology
/ Clinical Skills

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ABOUT OUR SPEAKER

Mary Lankford has been a Registered Nurse for 15 yrs. She has worked in acute care, correctional and public health settings. For the last 5 years, Mary has been the Public Health Nurse for the San Diego County Black Infant Health (BIH) program. Mary has presented to San Diego County employees, including nurses, on the BIH program, African-American health disparities and equity. In 2019, Mary became a Lactation Educator and teaches breastfeeding classes to the women in the BIH program. She is married and has a 3 year old son that she is still breastfeeding.

OBJECTIVES

1. List and discuss two reasons for low breastfeeding rates among African-Americans in the US
2. Outline at least one definition or example of “Black Joy”
3. Describe one method, activity or service that can help improve breastfeeding rates in African-Americans

REFUND POLICY

After completing your purchase you will receive access to the webinar recording and all of the accompanying materials. No refund will be provided. Thank you for understanding.

For questions, please contact:

Jose Gonzalez at:

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CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 L-CERP will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.