



**San Diego County
Breastfeeding Coalition**

RECORDED WEBINAR

BEYOND THE HOSPITAL: BREASTFEEDING CARE FOR OFFICES, CLINICS, AND PUBLIC HEALTH NURSES

Eyla Boies, MD, FAAP, FABM

Recorded on December 18, 2021

1 CEU Contact Hour

1 L-CERP: Clinical Skills-Education & Communication

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OBJECTIVES

At the end of this activity, the participant should be able to:

- 1. Identify and incorporate breastfeeding supportive strategies in the medical care of the newborn after hospital discharge**
- 2. Recognize mothers and infants at risk for suboptimal or breastfeeding failure**
- 3. Develop plans to manage common infant problems related to breastfeeding in the first two weeks after discharge (insufficient weight gain, jaundice, late preterm infant).**
- 4. Recognize and help mothers with breastfeeding complications such as engorged breasts, sore nipples and postpartum depression**



FEATURED SPEAKER
DR. EYLA BOIES, MD, FAAP, FABM

Eyla Boies, MD, FAAP, FABM is a pediatrician and Clinical Professor in the Department of Pediatrics at the University of California, San Diego. She teaches medical students and residents in the UCSD teaching and faculty clinics. Her area of expertise lies in the field of breastfeeding medicine with an emphasis on helping the preterm infant and mother with the challenges of breastfeeding and lactation after discharge.

She founded, and serves as medical director of the UCSD Premature Infant Nutrition Clinic (PINC), a clinic that opened in 2008 to help mothers and their preterm infants with lactation and breastfeeding problems. Dr. Boies is a past-president of San Diego County Breastfeeding Coalition, a member of the AAP section on Breastfeeding, and is currently serving on the ABM Board of Directors as Secretary.

Dr. Boies graduated from Washington University School of Medicine in 1978 and then completed a pediatric internship, residency and fellowship in pediatric infectious disease (1983) at Washington University School of Medicine in St. Louis and St. Louis Children's Hospital. She joined the faculty of UCSD Academic General Pediatrics in 1992 after practicing Pediatrics in St. Louis for nine years.

DESCRIPTION

During this webinar, Dr. Boies will illustrate how to provide breastfeeding support to the mother-baby-dyad after hospital discharge. Dr. Boies will begin the webinar by identifying different breastfeeding support strategies and explaining best practices for implementation within the newborns' discharge medical care plan. Next, she will discuss the different signs that professionals need to recognize in dyads who are having difficulties with breastfeeding, such as sore nipples and engorgement, which can put them at risk of breastfeeding failure.

Building on this information, she will describe a number of tactics that should be employed to help the dyad thrive in their breastfeeding journey. In closing, she will demonstrate how to develop plans to manage common infant problems related to breastfeeding in the first two weeks after discharge for example insufficient weight gain, jaundice, and late preterm infant.

This webinar is of great benefit for professionals working with breastfeeding dyads after hospital discharge!

REFUND POLICY

A link to the recording of the webinar will be sent to all registrants within 1 week of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.

CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 L-CERP will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

MD/DO Category 1 AMA CME is not available currently.