# PAID FAMILY LEAVE & LACTATION

July 21st: Taking Time to Bond: Understanding How to Navigate Paid Family Leave

July 28th: Returning To Work: Lactation Accommodation



July 21 & 28 10AM-11:30 AM PDT

# LIVE WEBINARS PROGRAM DETAILS

### 2 CEU CONTACT HOURS

- 2 L-CERPS: PSYCHOLOGY, SOCIOLOGY, & ANTHROPOLOGY
  - MOTHER-BABY RELATIONSHIP / EMPLOYMENT-RETURNING TO WORK

### **SPEAKERS**

### Charlette Flanders, MPH Education & Training Manager

Charlette Flanders leads paid leave education and training projects with the California Work and Family Coalition. She has diverse experiences in educating vulnerable communities on public health issues. Her goal is to develop a grassroots education program to increase the awareness of paid leave and the utilization of work-family rights. She completed her Master's in Public Health with a concentration in Community Health Education.

## Katie Waters-Smith Political Organizing Director

Katie Waters-Smith leads district-level political organizing and works with staff and members to build and strengthen our statewide network of paid leave leaders. Katie's experiences supporting new parents as a lactation consultant inspired her to become a paid family leave advocate. Her goal is to help build a grassroots movement for paid leave that brings together people and organizations from all over the state. She is an International Board Certified Lactation Consultant and holds a bachelor's degree in Public Policy Analysis from Pomona College

### Angelica Andrade Administrative Assistant & Spanish Training Coordinator

During her time at a Public Library in Los Angeles, she became very passionate about community work and providing people with the resources they needed, specifically to individuals who only spoke Spanish. Moreover, as a Mexican-American, she understands the barriers the Latinx community faces. Now at the Coalition, Angelica works to raise awareness and utilization of paid leave among the Latinx Community.

### **OBJECTIVES**

### Part 1:

Taking Time to Bond: Understanding How to Navigate Paid Family Leave

- Recognize the history and health impact of Paid Family Leave
- Define Paid Family Leave (PFL) and Disability Leave
- Appraise the application requirements for Paid Family Leave
- Classify what job protections you have as an employee or worker
- Determine eligibility for Pregnancy Disability Leave

### Part 2:

# Returning To Work: Lactation Accommodations

- Summarize California Paid Family Leave and Job Protection laws
- Evaluate lactation accommodations in the workplace
- Examine San Diego workplace lactation accommodations
- Interpret and explain Paid Sick/Safe Days and Supplemental Paid Sick Leave



# POLICIES & CONTINUING EDUCATION

### **CONTINUING EDUCATION**

IBCLC: San Diego County
Breastfeeding Coalition is an
approved Long-Term Provider by the
International Board of Lactation
Consultant Examiners #CLT 112-10. 2
L-CERPs will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

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SDCBC EDUCATION CALENDAR

### LINKS TO SHARE

bit.ly/SDCBC-PaidFamilyLeave2022

bit.ly/SDCBC-LactationAccommodations

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### **REFUND POLICY**

This is a free event. Refunds are not necessary for this event.

