



METABOLIC HEALTH MATTERS: BREASTFEEDING ON THE INSULIN RESISTANCE SPECTRUM

Live Webinar

Lisa Marasco, MA, IBCLC, FILCA

**November 14, 2022
6PM to 8:15PM PST**

LIVE WEBINAR PROGRAM DETAILS

2 CEU CONTACT HOURS

1.5 L-CERPs: Physiology & Endocrinology, Diabetes

SPEAKER

Lisa Marasco has been working with breastfeeding mothers for 35 years and has been Internationally Board Certified since 1993. She holds a Master's degree in Human Development with specialization in Lactation Consulting and was designated a Fellow of ILCA in 2009. Lisa is co-author of Making More Milk: The Breastfeeding Guide to Increasing Your Milk Production, a contributing author to the Core Curriculum for Interdisciplinary Lactation Care, and a new Cochrane Collaborative author. She is employed by WIC of Santa Barbara County while she continues to research, write and speak. In addition, Lisa is affiliated with La Leche League of So. Calif/Nevada, and serves on the Breastfeeding Coalition of Santa Barbara County.

AGENDA

- **6:00 PM:** Metabolic Health Matters: Breastfeeding on the Insulin Resistance Spectrum
- **7:45 PM:** Live Q&A with Lisa Marasco
- **8:15 PM:** Closing Comments

DESCRIPTION

Insulin is part of the Lactogenic Complex and Lactogenesis 2 cannot start without it. Until recently, however, we did not understand its role well. Emerging research is starting to shed light on specific roles for insulin in both pregnancy breast development as well as milk synthesis. Discover the how and why insulin resistance, type 2 and gestational diabetes can cause lactation problems, and what strategies may be helpful for affected parents.

REGISTRATION

- **Early Bird Registration (until 11/07/22):**
 - SDCBC Members: \$17.50
 - Non-Members: \$25.00
- **General Registration (starts 11/08/22):**
 - SDCBC Members: \$24.50
 - Non-Members: \$35.00

LINK TO SHARE

<https://bit.ly/LisaMarascodiabetesSDCBC>

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CONTINUING EDUCATION

IBCLC: San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1.5 L-CERPs will be awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

MD/DO: Category 1 AMA CME is not available currently.

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REFUND POLICY

A link to the recording of the webinar will be sent to all registrants within 1 week of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.

