



San Diego County  
Breastfeeding Coalition

# BREASTSLEEPING HUMANKIND'S OLDEST AND MOST SUCCESSFUL SLEEP AND FEEDING ARRANGEMENT

Dr. James J. McKenna, Ph.D. MA

Recorded  
Webinar

Recorded On  
May 22, 2021

# SDCBC RECORDED WEBINAR PROGRAM DETAILS

**2 CEU Contact Hours**

**1.5 L CERPs: Psychology, Sociology, & Anthropology**

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## DESCRIPTION

1. Discuss the historical and cultural circumstances that led to the erroneous assumption that solitary infant sleep and bottle feeding came to be thought as "normal".
2. Explain what breastsleeping is, and how and why millions of mothers breastsleep.
3. Understand how and why infant sleep recommendations do not uphold, nor do they reflect evidence-based medicine principles, as claimed by the American Academy of Pediatrics.
4. Define clinical manifestations of colic and SIDS and why they appear to be species-specific.

## REGISTRATION

- **General Registration:**
  - SDCBC Members: \$22.40
  - Non-Members: \$32.00

## REFUND POLICY

After completing your purchase you will receive access to the webinar recording and all of the accompanying materials. For this reason, under no circumstances will a refund be provided. Thank you for understanding.

## LINK TO SHARE

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## CONTINUING EDUCATION

**IBCLC:** San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. 1 L-CERPs will be awarded.

**RN:** San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

**RD & OT:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

**MD/DO:** Category 1 AMA CME is not available currently.