

# EDUCATING HEALTH PROFESSIONALS ON HOW TO SERVE PEOPLE WITH DISABILITIES COMMUNICATIONS STRATEGIES & ACCESSIBLE LACTATION

Dr. Kyle Ryan MD, Physical Med. & Rehabilitation

Julie Matheney MS, CCC-SLP, CLEC, IRCLC

Live Webinar

September 5, 2023 10AM-1:30PM PDT



### **OBJECTIVES**

### **COMMUNICATION STRATEGIES**

- 1) Establish a framework for disability.
- 2) Review disability-related legislation in the United States.
- 3) Define communication and complex communication needs.
- 4) Explore the interplay between disability and health communication.
- 5) Describe the patient-centered care framework.
- 6) Review communication strategies to improve patient care for persons with disabilities.
- 7) Discuss opportunities for education to improve communication in health disciplines.

### **ACCESSIBLE LACTATION**

- 1) To understand the different types of differences and disabilities that impact breast/chestfeeding
- 2) To describe the challenges that lactating people with various differences and disabilities face during their breast/chestfeeding process
- 3)To learn about adaptations to the environment to assist the lactating person
- 4) To discuss support systems for lactation success

### AGENDA

- 10:00 AM: Presentation by Dr Kyle
   Ryan on Communication Strategies
- 11:00 AM: Q&A with Dr. Ryan
- 11:30 AM: Presentation by Julie Matheney on Accessible Lactation
- 12:30 PM: Q&A with Julie
- 1 PM: Presentation by Adaptive Parent Project Tools and Resources

### REGISTRATION

- Early Bird Registration (until 08/29/23):
  - SDCBC Members: \$10.50
  - Non-Members: \$15.00
- General Registration (starts 08/30/23):
  - SDCBC Members: \$17.50
  - Non-Members: \$25.00

### LINK TO SHARE

bit.ly/disabilitylactationcommunication



# POLICIES & CONTINUING EDUCATION

### **CONTINUING EDUCATION**

IBCLC: San Diego County
Breastfeeding Coalition is an
approved Long-Term Provider by the
International Board of Lactation
Consultant Examiners #CLT 112-10.
1.5 L-CERPs and 1 R-CERP will be
awarded.

RN: San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers 3 contact hours of continuing education. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

**MD/DO:** Category 1 AMA CME is not available currently.



SDCBC EDUCATION CALENDAR

### **CAN'T ATTEND THE LIVE EVENT?**

Register today & receive a link to the recording within 1 week from the live event

### **REFUND POLICY**

A link to the recording of the webinar will be sent to all registrants within 1 week of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.



# SPEAKER BIO

# DR. KYLE RYAN MD, PHYSICAL MED. & REHABILITATION

Dr. Kyle Ryan is an adult rehabilitation medicine specialist at Rady Children's Hospital-San Diego and an assistant clinical professor at UC San Diego School of Medicine. He is board certified in physical medicine and rehabilitation.

Originally from Huntington Beach, California, he completed his undergraduate degree in neurobiology, physiology and behavior at UC Davis before attending medical school at The Ohio State University College of Medicine. He completed a residency in physical medicine and rehabilitation at the Medical College of Wisconsin and a fellowship in spasticity management and neurorehabilitation at the Medical College of Wisconsin.

Dr. Kyle Ryan is passionate about providing compassionate care for patients with diverse rehabilitation needs, with an emphasis on cerebral palsy and spasticity management, including botulinum toxin and phenol injections and intrathecal baclofen pump management.



# SPEAKER BIO

### JULIE MATHENEY MS, CCC-SLP, CLEC, IBCLC

Julie Matheney, MS, CCC-SLP, CLEC, IBCLC earned her Masters in speech-language pathology from Miami University in Oxford, Ohio and the Certified Lactation Educator Counselor certificate from University of California, San Diego. She has worked with infants and children with pediatric feeding disorders. Her skill set includes working with infants with tongue and lip tie, cleft lip and palate, trach and vent dependent, children with development delays and other feeding disorders.

She approaches babies from head to toe. After moving to California from the Midwest, she has worked in several local hospitals where she works in both the Neonatal Intensive Care Unit and the acute care hospital. While most people assume speech therapists teach children with stuttering or to say their "r's and s's", the bulk of her job is feeding and swallowing. The same things you speak with, you eat with!

She became a certified lactation counselor in 2012, a certified lactation educator counselor and IBCLC in 2018. She enjoys empowering families to feed their babies.

