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## ETHICS IN LACTATION:

### **PRACTICE, MEDICATIONS, MILK SHARING & MILK BANKING**

Dr. Darcia Narvaez Ph.D

Renee Kam PhD candidate BPhysio

Dr. Luke Grzeskowiak PhD BPharm

Dr. Lisa H. Amir MBBS, MMed, PhD,  
IBCLC

Pauline Sakamoto MS, RN, PHN

Live Webinar

**November 8, 2023  
1:00pm - 5:00pm PT**



# LIVE WEBINAR PROGRAM DETAILS

**4 CEU CONTACT HOURS**  
**3 E-CERP**

**LINK TO SHARE**

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## OBJECTIVES

### **Presentation 1: The Wellness-Informed Pathway: Ethics in Early Life Care and Lactation Practice (90 Minutes)**

- Participants will learn the differences between the current trauma-promoting pathway of society with the wellness-promoting pathway of our ancestors.
- Participants will be able to list the nine ancestral caregiving practices of the Evolved Nest.
- Participants will understand several ways the evolved nest supports lactation practice.
- Participants will understand that the ethical care of babies requires the Evolved Nest.

### **Presentation 2: Ethical Challenges Relating To Medication Use During Breastfeeding (75 Minutes)**

- Understand the implications of excluding women from clinical trials.
- Be familiar with the ethical challenges relevant to medication use during lactation.
- Use a shared decision-making approach when working with breastfeeding families.

### **Presentation 3: Ethical Issues in Milk Sharing and Milk Banking (75 Minutes)**

- Objectives Coming Soon

## AGENDA

- **1:00 PM:** 75-min presentation by Dr. Darcia Narvaez, Ph.D, on The Wellness-Informed Pathway: Ethics in Early Life Care and Lactation Practice, followed by 15 min Q&A
- **2:30 PM:** 60-min presentation by Ms. Renee Kam, PhD candidate, Dr. Lisa Amir, MBBS, MMed, PhD, IBCLC, Dr. Luke Grzeskowiak, PhD BPharm on Ethical Challenges Relating To Medication Use During Breastfeeding, followed by 15 min Q&A
- **3:45pm:** 60-min presentation by Pauline Sakamoto, MS, RN, PHN on Ethical Issues in Milk Sharing and Milk Banking, followed by 15 min Q&A

## REGISTRATION

- **Early Bird Registration (until 10/30/23):**
  - SDCBC Members: \$86
  - Non-Members: \$100
- **General Registration (starts 10/31/23):**
  - SDCBC Members: \$105
  - Non-Members: \$120

**REGISTER**  
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# POLICIES & CONTINUING EDUCATION

## CONTINUING EDUCATION

**IBCLC:** San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT 112-10. **3 E-CERPS** will be awarded.

**RN:** San Diego County Breastfeeding Coalition is an approved provider by the California Board of Registered Nursing. This course offers **4 contact hours of continuing education**. San Diego County Breastfeeding Coalition's provider number is CEP 17550. Licensee must maintain certificate for a period of four years.

**RD & OT:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

**MD/DO:** Category 1 AMA CME is not available currently.

## CAN'T ATTEND THE LIVE EVENT?

Register today & receive a link to the recording within 1 week from the live event

## REFUND POLICY

A link to the recording of the webinar will be sent to all registrants within 1 week of the live event. The recording will be available to view for up to 1 year from its release. It is the responsibility of the registrant to view the webinar recording while it is still available. No refund will be provided or the deadline to view the webinar extended.



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# SPEAKER BIO

## **DR. DARCIA NARVAEZ, PH.D,**

Dr. Narvaez' research explores questions of species-typical and species-atypical development in terms of wellbeing, morality, and sustainable wisdom. She examines how early life experience (the evolved nest) influences moral functioning and wellbeing in children and adults. She integrates evolutionary, anthropological, neurobiological, clinical, developmental, and education sciences in her work.

Questions that interest her include: How does early experience shape human nature? What do sustainable indigenous societies have to teach the modern world? What types of moral orientations do individuals develop in species-typical and -atypical environments? What is indigenous ecological wisdom and how do we cultivate it? How can educators and parents foster optimal development, wellbeing, and communal imagination? Her 2014 book won the 2015 William James Book Award from the APA and the 2017 Expanded Reason Award for research. She is a fellow of the American Association for the Advancement of Science, the American Psychological Association, and the American Educational Research Association. She hosts the website [EvolvedNest.Org](http://EvolvedNest.Org) and is president of [KindredMedia.org](http://KindredMedia.org).



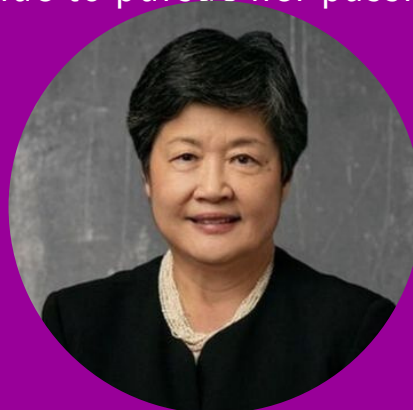


# SPEAKER BIO

## **PAULINE SAKAMOTO, MS, RN, PHN**

Pauline Sakamoto's nursing career in milk banking started as a volunteer donor to the Mothers' Milk Bank in San Jose 35 years ago. Previously, she worked at the County Health Department of San Bernardino as a Public Health Nurse in the largest county in the US covering the Hi Desert. She was also employed by the CA State Department of Health, Fiscal Intermediary Management Division for Medi-Cal. Her experience with the nonprofit San Jose Milk Bank for 35 years included processing and operations, the screening of donors and dispensing of donor human milk for inpatient and outpatient services, administration of the San Jose Mothers' Milk Bank for over 20 years and concurrently leadership roles in the Human Milk Banking Association of North America.

Currently, she serves on multiple committees within HMBANA regarding policies and standards, auditing member banks, and reviews legislative and state statutes on milk banking and lactation. She has been representing HMBANA at the US Breastfeeding Committee for over 9 years and served on the Board of USBC for 6 years. Internationally, in 2012-14, she served on PATH's Milk Banking Policy Group and continues to work internationally on issues on processing and safety. She has stepped down from the Executive Director position at the Milk Bank in 2019 but continue to pursue her passion on milk banking and Lactation.



# SPEAKER BIO

## **RENEE KAM, PHD CANDIDATE BPHYSIO, LA TROBE UNIVERSITY, AUSTRALIA**

Lisa Amir is a medical practitioner with a long-standing interest in women's health. Having qualified as a lactation consultant in 1989, Lisa continues to work in breastfeeding medicine at the Royal Women's Hospital. She is conducting research in the area of breastfeeding - from rates and determinants of breastfeeding, to nipple and breast pain in breastfeeding women, to use of medicines for breastfeeding women.

Principal Research Fellow

La Trobe University, Judith Lumley Centre, Melbourne, Australia

Jan 2006 - present

Medical officer for lactation

Royal Women's Hospital, Melbourne, Australia

Jan 2002 - present

Editor-in-Chief

International Breastfeeding Journal

Jan 2006 - present



# SPEAKER BIO

## **DR. LUKE GRZESKOWIAK, PHD BPHARM, ASSOCIATE PROFESSOR AT FLINDERS UNIVERSITY, AUSTRALIA**

Luke's clinical and research ambitions are to enhance maternal and newborn health outcomes through supporting quality use of medicines and the development and promotion of more efficacious, safer, and personalised pharmacotherapy approaches. Luke completed his PhD in Pharmacy/Pharmacoepidemiology in 2012 which focused on evaluating different approaches towards investigating the long-term effects of medication use during pregnancy. His current clinical/research interests include perinatal pharmacoepidemiology, obstetric and neonatal pharmacology, medication safety, and evidence-based medicine.

He is currently involved in a wide variety of studies including:

- Improving the identification and pharmacological management of lactation insufficiency in mothers of preterm infants
- Exploring outcomes associated with maternal asthma and the development of strategies for optimising clinical management and related pregnancy outcomes
- Optimising intravenous iron therapies in pregnancy
- Reducing the risk of medication errors in neonatal care
- Enhancing the role of pharmacists in perinatal pharmacy practice





# SPEAKER BIO

## **RENEE KAM, PHD CANDIDATE BPHYSIO, LA TROBE UNIVERSITY, AUSTRALIA**

Renee is a researcher with a long-standing interest in public health. She is a PhD candidate at La Trobe University conducting breastfeeding research about low milk supply. Her research supervisors are Professor Lisa Amir and Dr Meabh Cullinane.

